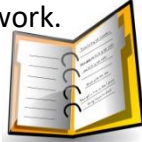


Organisational tips to help your child

- A school planner or check list will help your child keep up to date with their homework. Make sure they have a quiet space at home away from distractions to complete work.



- Remind them to pack their bag the night before.

- Make sure your child is getting enough sleep, aim for at least 8 hours.

- Having breakfast will give your child a good start to their day.



Opportunities

Encourage your child to take part in an extra-curricular club. There are a wide range of activities available at all of our secondary schools and it's a good way to make new friends.



Agencies for Additional Support

Counselling Services

Kooth <https://kooth.com/>

Place2Be <https://www.place2be.org.uk/>

Resources

Young Minds <https://youngminds.org.uk/>

(Resources for primary and secondary school transition)

Nasen <https://nasen.org.uk/> (For children with SEN)

Contact Details

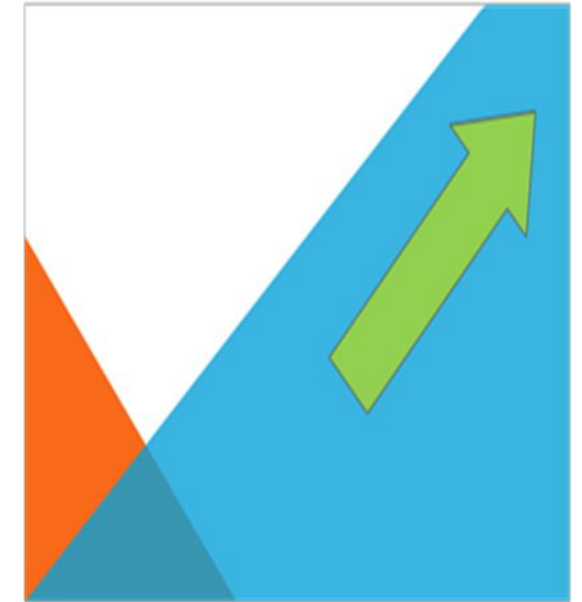
If you have any concerns about how your child is settling into school please speak with the school and you can also contact our Secondary Inclusion Service for support:

Secondary-Behaviour-Support@Royalgreenwich.gov.uk

STEPPING UP

Finding out about Secondary School

A guide for parents



Introduction

Stepping Up to Secondary School is an exciting time. It is important to be supportive not only of your child but also of their new school to help them be successful. The Inclusion team have put together some ideas and tips to help you get prepared.



Helpful Hints

- Read through any information/new starter Packs from school with your child
- Make sure your child has the right equipment
- Work out how they are getting to and from school safely
- Support your child with establishing routines to complete homework
- Check their school planners so you are aware of what is happening
- Make links with other parents
- If needed set up their lunch payment account



Expectations

- Come to school prepared to learn each day
- Arrive at school and to lessons on time
- Wear the correct school uniform and PE kit
- Follow school rules
- Treat everyone fairly and to be respectful
- Have the right equipment for each lesson
- Complete all homework on time
- Allow adults to support them

Concerns

If you have any concerns ensure you contact the appropriate member of staff, this will usually be their Head of Year or form tutor. To keep your child safe it is important you make them aware of the following:

- If they feel unsafe they must tell an adult immediately.
- Carrying any form of dangerous weapon/tool into school can lead to exclusion, regardless of the reason.
- Any form of bullying, including cyber bullying, must be reported to an adult or member of staff.



Zero Tolerance

- Be mindful of monitoring new friendships both in and outside of school.

Schools use restorative approaches to solve problems and help children to repair friendships and move forward.

Royal Greenwich is a vibrant, dynamic Borough



with a diverse range of cultures and ethnicities. We want to encourage all children to value each other's differences, support one another, treat each other with respect, to empathise and show compassion. This will help to ensure they learn the life skills needed to develop and achieve their future goals and aspirations.

