

ALLERGY AWARE MEAT

AUTUMN/WINTER 2024

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **SOYA, FISH, MUSTARD & SULPHITES**.

If a pupil has a food allergy or intolerance to **SOYA, FISH, MUSTARD OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.



STOP AND THINK!

Have you completed the double-checking confirmation sheet?

ALLERGY AWARE MEAT WEEK 1

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	SD Burrito 93281952	SD Chicken Burger 93170396 with Potato Wedges 93156646	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	SD BBQ Chicken Pizza 93315910 with SD Pasta CONTAINS SOYA 93315913	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189				
PASTA	SD Tomato Pasta CONTAINS SOYA 93171286				
VEG	All main meals are served with two vegetables NO COLESLAW, MIXED SALAD OR SALAD BAR				
DESSERT	SD Chocolate Brownie CONTAINS SULPHITES 93196787	SD Apple Crumble CONTAINS GF OATS 93219577 with SD Custard CONTAINS GF OATS 93166606	SD Rice Pudding with Jam CONTAINS GF OATS & SULPHITES 93315915	SD Flapjack CONTAINS GF OATS 93165520 with Fruit 93040542	SD Chocolate Brownie CONTAINS SULPHITES 93196787

**ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)
NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL

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ALLERGY AWARE

MEAT

WEEK 2

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	SD Vegetable Supreme Pizza 93165205 with SD Pasta CONTAINS SOYA 93315913	Beef Bolognese 93227270 with SD Pasta CONTAINS SOYA 93163235	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	Chicken and Veg Tikka Masala 93248300 with Wholegrain Rice 93035026	SD Chicken Burger 93170396 with Chips 93040525
JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189				
PASTA	SD Tomato Pasta CONTAINS SOYA 93171286				
VEG	All main meals are served with two vegetables NO COLESLAW, MIXED SALAD OR SALAD BAR				
DESSERT	SD Frozen Smoothie 93166798/ 93166797	SD Apple and Cinnamon Sponge CONTAINS SULPHITES 93289524 with SD Custard CONTAINS GF OATS 93166606	Fruits of the Forest Jelly 93290904	SD Orange Glazed Sticky Sponge Pudding CONTAINS GF OATS 93316120 with SD Custard CONTAINS GF OATS 93166606	SD Chocolate Biscuit CONTAINS GF OATS 93219823

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ALLERGY AWARE
MEAT
WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2024

MAIN DISH	<p>SD Vegan Cheese & Tomato Pizza 93174975 with SD Pasta CONTAINS SOYA 93315913</p>	<p>SD Chicken Sausages CONTAINS SULPHITES 93210873 with SD Mashed Potato CONTAINS GF OATS 93194973 and Gravy 93034775</p>	<p>Roast Beef 93035118 with Roast Potatoes 93035127 and Gravy 93034775</p>	<p>Chicken and Vegetable Korma CONTAINS SULPHITES 93248310 with Wholegrain Rice 93035026</p>	<p>SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525</p>
JACKET POTATO	<p>Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189</p>				
PASTA	<p>SD Tomato Pasta CONTAINS SOYA 93171286</p>				
VEG	<p>All main meals are served with two vegetables NO COLESLAW, MIXED SALAD OR SALAD BAR</p>				
DESSERT	<p>SD Chocolate Brownie CONTAINS SULPHITES 93196787 with Orange Slices 93310775</p>	<p>SD Banana Muffin 93196788</p>	<p>SD Shortbread 93221990 with Fruit 93040542</p>	<p>SD Jam Sponge CONTAINS SULPHITES 93219620 with SD Custard CONTAINS GF OATS 93166606</p>	<p>SD Frozen Smoothie 93166798/ 93166797</p>

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