



WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Macaroni Cheese

Chicken Jollof Rice

Roast Chicken
Served with Roast Potatoes and Gravy

BBQ Chicken Pizza
Served with Pesto Pasta

Southern Fried Chicken
Served with Chips

Cheesy Bean Burrito

West African Vegetable Rice

Spanish Vegetable Rice

Meatless Feast Cheesy Pizza
Served with Pesto Pasta

Crispy Quorn Sub
Served with Chips

Jacket Potatoes
with a choice of hot and cold fillings

Jacket Potatoes
with a choice of hot and cold fillings including Salmon Mayonnaise

Jacket Potatoes
with a choice of hot and cold fillings

Jacket Potatoes
with a choice of hot and cold fillings

Jacket Potatoes
with a choice of hot and cold fillings

JACKET POTATO

Tomato Pasta Fresh, homemade tomato sauce with penne pasta

All main meals are served with two vegetables

DESSERT

Apple Crumble with Custard

Chocolate and Coconut Sponge

Strawberry Jelly

Flapjack with Fruit

Chocolate Brownie

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit



Vegetarian



Nutritionist's Choice



Oily Fish



Wholegrain



WEEK 2

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 17/03, 07/04

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Supreme Pizza 🍕

BBQ Meatball Pasta Bake

Roast Chicken
Served with Roast Potatoes and Gravy

Chicken Tikka Masala 🍛
Served with Wholegrain Rice

Jerk Chicken
Served with Chips

Fajitas 🌮🌮
Served with Wholegrain Rice

Chinese Vegetable Noodles 🍜

Winter Vegetable Hotpot 🍲
Served with Gravy

Macaroni Cheese 🍝

Quorn Dippers 🍷
Served with Chips

Jacket Potatoes 🍟
with a choice of hot and cold fillings

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

Jacket Potatoes 🍟
with a choice of hot and cold fillings

Tomato Pasta 🍝 Fresh, homemade tomato sauce with penne pasta 🍅

All main meals are served with two vegetables

DESSERT

Vanilla Ice Cream

Apple and Cinnamon Sponge
with Custard 🍏

Strawberry Jelly

Orange Glazed Sticky Sponge
Pudding with Custard 🍊

Chocolate Cookie

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit



Fruity!

Vegetarian 🌿



Oily Fish



Wholegrain



Nutritionist's Choice



WEEK 3

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03, 14/04

MONDAY

Veggie Balls 🌱
Served with Pasta

Beef Bolognese 🍖
Served with Wholewheat Pasta and Garlic and Herb Bread

BBQ Chicken
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma 🍗
Served with Wholegrain Rice

Southern Fried Chicken
Served with Chips

TUESDAY

Chilli No Carve with Crispy Tortilla 🌶️
Served with Wholegrain Rice

Vegetarian Bolognese 🌱
Served with Wholewheat Pasta and Garlic and Herb Bread

Spanish Vegetable Rice 🌱

Vegetable Korma 🌱
Served with Wholegrain Rice

Cheese and Sweetcorn Onlette 🌱
Served with Chips

WEDNESDAY

Jacket Potatoes 🍟
with a choice of hot and cold fillings

Jacket Potatoes 🍟
with a choice of hot and cold fillings

Jacket Potatoes 🍟
with a choice of hot and cold fillings

Jacket Potatoes 🍟
with a choice of hot and cold fillings

Jacket Potatoes 🍟
with a choice of hot and cold fillings

THURSDAY

FRIDAY

HOT SPECIALS

JACKET POTATO

Tomato Pasta 🍅 Fresh, homemade tomato sauce with penne pasta 🍝

All main meals are served with two vegetables

DESSERT

Chocolate Beet Brownie with Orange Slices 🍫

Banana Cake 🍌

Oat Cookie with Fruit 🍪

Jam and Coconut Sponge with Custard 🍰

Strawberry Frozen Yoghurt 🍓

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain
🍌 Fruity! 🍷 Nutritionist's Choice